



PENTECOST ONLINE RETREAT **(MAY 23rd – 31st)**



EMPOWERED BY THE SPIRIT'S BREATH *from the Carmelite Priory, Boars Hill, Oxford*

After Easter the Lord Jesus said to the disciples: “And now I will send the Holy Spirit, just as my Father promised. But stay here in the city until the Holy Spirit comes and fills you with power from heaven. (Luke 24:29)”. How can we receive from the Father anew the Holy Spirit who is the Father’s gift to us? How do we wait? Who can help us to prepare to receive this precious gift that empowers us to live each day with peace and joy and freedom that nothing in the world can give us? And when we have received the Father’s gift, how do we allow it to transform us into a gift for others?

This nine-day retreat will prepare you for Pentecost and help you understand how to cultivate the gifts of the spirit in you so that your life will be a living expression of the fruitfulness of the Spirit and in turn the Father’s gift to the world.

You will receive various resources (text, audio & video) during the retreat for personal or group reflection.

Retreat Options

We offer
Individually
Guided Sessions
(IGS) and Group
Guided Sessions
(GGS) via Zoom
for a very
affordable fee.

Places are limited.
If you are
interested, please
indicate when
completing the
form and we will
contact you.

DAILY THEMES

Day 1:

The Holy Spirit – The Father’s Gift to You

Day 2:

The Gift of Knowledge: Living in the Truth of God

Day 3:

The Gift of Understanding and Our Growth in Holiness

Day 4:

The Gift of Counsel and the Illuminating Work of the Holy Spirit

Day 5:

The Gift of Courage: Infusion of the Holy Spirit’s Reinforcement

Day 6:

The Gift of Wisdom: Insights from the Carmelite Tradition

Day 7:

The Gift of Piety: God’s invitation to Friendship

Day 8:

Fear of the Lord: Growing in Intimacy with the Lord

Day 9:

With God and for God: St Teresa on Personal Transformation

For further information and booking, please contact: 07849596572
Email: online-retreat@oxcacs.org