



# Spirituality Summer School (Online)

18–20 JULY 2020

PROGRAMME SCHEDULE *times stated are UK*

## Holy Wisdom: Exploring the Spiritual Canticle of St John of the Cross

### Saturday 18 July 2020

- 13:45 Zoom Opens
- 14:00 Introduction to John of the Cross and the Spiritual Canticle
- 14:45 Break
- 15:00 The content and nature of the Spiritual Canticle
- 16:00 End of afternoon Session
- 17:45 Zoom Opens
- 18:00 Evening Prayer & Silent Meditation (*optional*)
- 18:30 Guide to reading the Spiritual Canticle
- 19:15 Break
- 19:30 The search for God [stanzas 1 – 10]
- 20:15 Plenary (Q&A)
- 20:30 End of evening Session
- 20:45 Contemplative Prayer Livestream (*optional*)

### Sunday 19 July 2020

- 13:45 Zoom opens
- 14:00 Journey into deeper commitment [stanzas 11 – 19]
- 14:45 Break
- 15:00 Breakout Group Discussions
- 16:00 End of afternoon Session
- 17:45 Zoom opens
- 18:00 Evening Prayer & Silent Meditation (*optional*)
- 18:30 The point of arrival [Stanzas 20 – 23]
- 19:45 Break
- 19:30 Entering more deeply into the mystery [Stanzas 24 – 35]
- 20:15 Plenary (Q&A)
- 20:30 End of evening Session
- 20:45 Contemplative Eucharist Livestream (*optional*)

### Monday 20 July 2020

- 13:45 Zoom Opens
- 14:00 Gazing towards eternity [Stanzas 36 – 40]
- 14:45 Break
- 15:00 Breakout Group Sessions
- 16:00 End of afternoon session
- 17:45 Zoom opens
- 18:00 Evening Prayer & Silent Meditation *optional*
- 18:30 The mysteries of God and humanity
- 19:15 Break
- 19:30 “The song of the sweet nightingale” - conclusion
- 20:15 Plenary (Q&A)
- 20:30 End of Course
- 20:45 Contemplative Eucharist Livestream (*optional*)

Call: 07849 596 572 / [oxcacs.org](http://oxcacs.org) /  
email: [inquiries@oxcacs.org](mailto:inquiries@oxcacs.org) /