

LETTING TERESA SPEAK

Join us online to learn more about this remarkable woman, saint, mystic and spiritual guide with Sister Jo Robson, OCD

Every Saturday from January 22nd - February 26th 2022
4:00pm - 5:30pm



Sr Jo Robson, OCD

2022 marks the fourth centenary of the canonisation of Teresa of Avila by Pope Gregory XV. Four hundred years later, the example of Teresa's life, and the precepts of her mystical teaching, continue to guide, instruct and inspire. This course will let Teresa speak to us afresh, leading us deep into the intimate friendship with Christ that she enjoyed and to which she longed to draw others.

The course will explore the main themes of Teresa's life and spiritual teaching. By allowing Teresa to speak to us through her own words, it will provide participants with an insight into her character, her concerns, and the central themes of her mystical theology. While each week will consider a different aspect of Teresa's life and thought, it is anticipated that themes will re-emerge and develop over the course of the sessions, so that a holistic view of the saint emerges.

The course is suitable for those with little or no previous contact with Carmelite spirituality, for those wishing to 'find a way in' to Teresa's writings, and for those who wish to develop further their appreciation of her unique teaching on prayer.

Weekly information packs will provide suggestions for preparatory reading, as well as relevant background information, questions for reflection and a summary of the areas to be covered in the session.

Schedule of Sessions (2022)

22nd January - Session One	Teresa: her life and times
29th January - Session Two	Teresa and tradition: the origins of religious life and the history of Carmel
5th February - Session Three	Reading Teresa
12th February - Session Four	Teresa and the human person
19th February - Session Five	Teresa and prayer: the individual
26th February - Session Six	Teresa and prayer: the ecclesial perspective

Course price – £150

For more information: www.carmelite.uk.net/lettingteresaspeak

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